



2018

**FORM TIME**

**WORKBOOK**

Term 1a

**Name:**

**Literacy:**

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**Numeracy:**

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**extremely**

SPAG

This is an extremely difficult example.

I will be extremely impressed if you can do it!

Spelling tip: There are 3 e's in **extremely**.  
The **m** is surrounded by e's.

# Changes

## Some 'new school year' changes:

- New teachers with new rules
- New timetable
- New people in your classes

How do you plan to make these changes feel easier?

## Some ways to cope with changes:

- Change can be stressful (even good changes).  
It's normal to feel a bit stressed when things change.
- Try to find a positive way to think about the change.
- Make a plan - is there anything you can do to help make the change easier?
- Remember that other people are dealing with change too. Help them out if you can.
- Look after yourself. Eat healthily, exercise, and relax.

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**queue**

SPAG

I have been in this queue for ages!

She queued for tickets to the film.

Spelling tip:

In Queue, think of 2 ue's waiting behind each other.

Q... ue...ue

# Disability

Some disabilities are visible. Some aren't.

## **Physical disabilities**

are something that limits a person's physical functioning.

## **Learning disabilities / difficulties**

cause difficulties with everyday activities.

List some examples of disabilities:

## **Famous people with a disability**

Jamie Oliver (chef): Dyslexia

Stephen Hawking (physicist): ALS

Stevie Wonder (musician): Blindness

Lady Gaga (singer): Fibromyalgia

Michael J Fox (actor): Parkinsons disease

Justin Timberlake (actor, singer): ADHD, OCD

Warwick Davis (actor): Dwarfism

Emily Blunt (actor): Severe stutter as a child

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**Tenses**

SPAG

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**Past..... Present..... Future.....**

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We played... We are playing... We will play

I said... I say... I will say

I studied... I study... I will study

# Bullying

Design an anti-bullying poster

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## Full stops and brackets

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SPAG

The full stop goes **inside** the bracket if it is a complete sentence in the brackets.

The full stop goes **outside** the bracket if it is not a complete sentence inside the brackets.

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She wore the red dress that evening.  
(Her sister wore the gold one.) << **inside**

John needed the answer for question 7  
(but Jeff was struggling with question 1). << **outside**

# Social Media

List some advantages and disadvantages of using social media.

ADVANTAGES

DISADVANTAGES

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What advice would you give someone thinking about using social media for the first time? How can they stay safe and happy?

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Conjunctions

SPAG

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Common conjunctions are **for, and, nor, but, or, yet, so.**

Subordinating conjunctions show a relationship between the two things they link, like: **because, since, as, although, though, while, whereas.**

# Community

What community activities have you heard of or been part of?  
For example: Sports clubs, musical events, scouts, arts and crafts,  
charity work, soup kitchen, school fair...

Do you have any community spaces, like a hall or a park?

How could you help make sure that the community space stays safe and  
usable for all?

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## Affect vs Effect

SPAG

The **effect** is the result. If you could swap in 'result', use 'e'.

**Affect** is 'to influence'. Use it for verbs.

The weather will **affect** (influence) my plans this weekend.

The **effect** (result) of the tornado was devastating.

Think cause and effect.

# Decision making

What games do you play that involve decision making?

For example, in Monopoly, you decide whether to buy properties.

In Fortnite, you decide whether to play defensively or offensively.

List the decisions you have already made today.

Would you change any of them?

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**until**

SPAG

I am waiting until next week to go shopping.

She kept running until she had finished the race.

Spelling tip: Only spell **until** until you have one 'l'.

# Disasters

List as many natural disasters as you can think of.

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Put them in order of most  
common to least.  
(in your opinion)

Put them in order of most  
destructive to least.  
(in your opinion)

**Key dates and things to remember:**